

Local Resources	
Oneida County Department of Family and Community Services (DSS) Helpline	315-798-5439
Oneida County Health Department COVID Helpline	315-798-5431
Health Clinic-Related Questions (including Hepatitis A, TB or Immunizations)	315-798-5747
Office for the Aging Helpline	315-798-5439
Childcare Helpline	315-223-7850 x2222
Court Emergencies Helpline	833-503-0447
Volunteering Interest	volunteer@ocgov.net
Rome Connected Community Schools - food pantry or to volunteer/donate call or text	315-533-5723 or 315-982-2520
Mobile Crisis Assessment Team (MCAT)	315-732-6228
Oneida County Mental Health Hotline	1-800-678-0888
State Resources	
Novel Coronavirus Hotline – New York State Department of Health	888-364-3065
OASAS hotline (for alcohol and substance use assistance)	1-877-8HOPENY
COVID-19 NYS Mental Health Hotline	1-844-836-9314
National Hotlines	
National Suicide Prevention Lifeline	800-273-TALK (8255)
Crisis Text Line	text NAMI to 741-741
National Domestic Violence Hotline	800-799-SAFE (7233)
National Sexual Assault Hotline	800-656-HOPE (4673)
SAMHSA Disaster Distress Helpline	800-985-5990
NAMI Helpline	800-950-NAMI (6264)
The Trevor Project	866-488-7386 or text START to 678678 (national 24-hour, toll free confidential suicide hotline for LGBTQ youth)

SAMHSA hotline to find alcohol and substance abuse treatment	1-800-662-4357
24/7 helpline for first responders	1-888-731-3473
Local Mental Health Clinic Information	
Community Health and Behavioral Services (CHBS)	Utica: 315-798-8868 Rome: 315- 337-0773
York Street Clinic (MVPC)	315-738-4440
Rome Clinic (MVPC)	315-336-6230
The Neighborhood Center, Inc	Utica 315-272-2700 or 315-272-2723 Rome 315-272-2730 or 315-272-2748
Local Substance Clinics/Resources	
Beacon Center	315-366-4100 or (315) 367-1280
Insight House	315-724-5168
Milestones	315-507-5800
Community Recovery Center	315-334-4701
Helio Health	315-624-9835
CFLR Family Support Navigator	315-733-1709
Links to on-line Alcohol and Substance Use support groups	
https://www.intherooms.com/livemeetings/list	
https://www.smartrecovery.org/	
https://www.lionrockrecovery.com/online-aa-meetings-and-support-groups	
http://aa-intergroup.org/	